



THE VETERANS METRICS INITIATIVE (TVMI)

VETERANS WITH HEALTH PROBLEMS AND THEIR PROGRAM USE

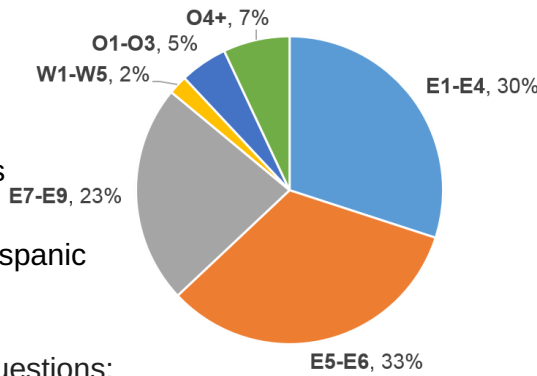
Baseline data collected from study participants 0-90 days post-separation

Issue 7

SAMPLE

In Fall 2016, a national sample of 9,566 Veterans who separated within the past 3 months participated in the first wave of the TVMI survey. The sample described here is comprised of 3,336 respondents (35%) with a self-reported physical (80%) and/or mental (74%) condition.

- 43% Army
- 21% Navy
- 15% Air Force
- 21% Marine Corps
- 80% Male
- 58% White non-Hispanic



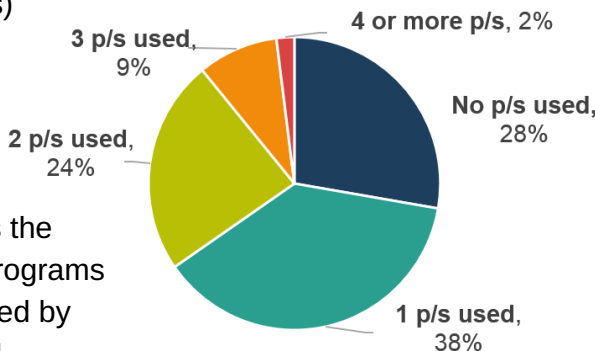
Based on screener questions:



- 71% have probable PTSD
- 49% have probable depression
- 72% have probable anxiety
- 42% have probable alcohol misuse

OVERALL USAGE

- 48% used VA hospitals or clinics
- 22% used any other hospitals or clinics
- 29% used counseling services for mental health, relationships, or substance use disorders
- 10% used health programs (3% programs that increase access to care, 3% treatment for brain injury or PTSD, 3% weight management or physical activity programs)



This graph displays the number of health programs or services (p/s) used by Veterans at Wave 1.

HEALTH SERVICE USE

Using odds ratios to describe the likelihood (odds) of health service use:



- Navy and Air Force Veterans were .25-.30 < likely to use VA hospitals, clinics, or the Veterans Choice Act than Army Veterans.
- Navy, Air Force, and Marine Corps Veterans were .25-.33 < likely to use counseling services than Army Veterans
- Males were 1.31 times > likely to use VA healthcare services than females.
- Those with ongoing physical health disorder were 2.05 times > likely to use VA healthcare services, other hospitals or clinics, and complementary and alternative medicine.
- Veterans with ongoing mental health disorders were 1.66 times > likely to use VA healthcare services and counseling.
- Veterans with probable PTSD were 1.61 times > likely to use counseling services.

HEALTH PROGRAM USE

Using odds ratios to describe the likelihood of using health programs:



- Navy, Air Force, and Marines were 1.23-2.11 times > likely to use programs that increase access to care than Army Veterans.
- Navy and Marine Veterans were 1.46-1.61 < likely to use physical activity or weight management programs than Army Veterans.
- Those with ongoing physical health disorders and those with ongoing mental/emotional health disorders were 3.46 and 5.70 times > likely to use programs for PTSD or brain injury, respectively.
- Those with probable PTSD were 7.26 times > likely to use programs for PTSD or TBI.